



Twin Bridges 8K Road Race

Saturday, October 3, 2009

8:00 a.m.

Start & Finish:

The 8K race will begin at 8:00 a.m. in front of the Beaufort Drawbridge, Morehead-Beaufort Causeway. The race will finish in front of the Scotchman Store on the Atlantic Beach Causeway. Race bib numbers must be worn on the racer's front and in an easily readable position. No runner will be allowed through the race finish chute if their number is not visible.

Race Course:

The course is flat, with the exception of the bridges, and well marked. It follows Highway 70 West from the Beaufort Drawbridge, over the Beaufort High-rise Bridge into Morehead City, through Morehead City to the Atlantic Beach High-rise Bridge, ending in front of the Scotchman Store on the Atlantic Beach Causeway.

Age Groups:

13 and under	40 - 49
14 - 19	50 - 59
20 - 29	60 - 69
30 - 39	70 and above



Awards:

The Morehead City Parks and Recreation Department will present 8K trophies. Trophies will go to top male and female runners. Medals will be awarded to the top three places in each age group.

Entry Fee: \$15.00

\$20.00 (after September 24, 2009)

For more information, contact the Morehead City Parks & Recreation Department at 252-726-5083.

Morehead City Parks & Recreation Department

706 Arendell Street

Morehead City, NC 28557



